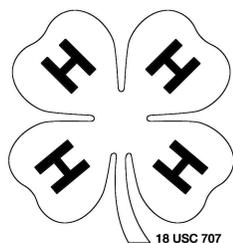


Memos

AUGUST



UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION

San Diego County 4-H

Election of Officers San Diego County 4-H Leaders' Council

Terry Stark – President
Kevin Fletcher – Vice President Programming
Robbie Cranor – Vice President Fund Raising
Charla Cranor – Treasurer
Rhiannon Stark - Secretary
Debi Parker – Corresponding Secretary

Please congratulate our new officers who were elected during the July 14th meeting. The new officers will be meeting in August to come up with an agenda for the upcoming 4-H year.

If you have ideas or issues that need to be addressed on a county level please feel free to contact them since they serve all of San Diego County.

What are the Responsibilities of Officers?

Not every club or group has the same elected officers. Most groups elect a president, vice president, secretary, treasurer and reporter. Additional offices may include song leader, recreation leader, historian or any other office to fit the needs of your group.

Officers need to be proud of their jobs, do their best and get things done on time. They need to work with members, parents and leaders to plan and carry out the club or group program.

(OFFICER TRAINING DAY: SEPTEMBER 20, 2008!)

Rate Yourself as an Officer and Club Member

Check the statements that apply to you. You should strive to have all the following checked by the time your term in the office is finished.

- I try to know and understand the people with whom I am working.
- I know the duties and responsibilities of my office.
- I attend meetings regularly (at least $\frac{3}{4}$ of the meetings).
- I am willing to learn more in order to be a better **officer**.
- I am on time for the meetings.
- I try to spend some time at meetings with each member of the club during the course of the year.
- I accept responsibilities willingly and enjoy doing more than just what is required of me.
- I try to work cooperatively with the leaders and other officers.
- I am willing to give credit to others.
- I encourage new members to join and do things with them at meetings to make them feel welcome.
- I listen to ideas and suggestions from others.
- I am willing to help conduct and take part in the meetings.
- I am ready to try new ideas.

4-H Shooting Sports Leader Certification for Archery Training

(for Leaders who want to lead Archery projects)

August 23rd and 24th, 2008

The complete training is approx 14-16 hours.

The training can accommodate between 6-8 people and will take place at Roger Combs' home in Fallbrook.

Equipment and gear will be available but all are welcome to bring their own.

For more information, directions or to make reservations please call or write:

Roger Combs

760-728-7877

Fallbrook Leader

6combscom@sbcglobal.net



Shooting Sports Leader Trainer Course

To be held in San Bernardino County

Muzzle Loading Discipline

5 Dogs Range - Bakersfield, CA

Saturday, October 18, 2008 – 8:00 a.m. – 6:00 p.m.

Sunday, October 19, 2008 – 8:00 a.m. – 4:00 p.m.



Upon successful completion of this course, 4-H leaders will be certified in the shooting sports discipline of muzzle loading. They will be certified as leader trainers and are eligible to serve as shooting sports leaders for clubs or counties and they may also instruct and certify shooting sports volunteers. There is no fee for the course but class size is limited. To get more information or register for the class contact John Borba at: jaborba@ucdavis.edu or telephone 661-868-6216.

All Systems Are a GO!!!!

For Online Enrollment..... 2008-2009



Here is how it will work.....Each club will designate one or two Online Enrollment Volunteers.

Training for Online Enrollment is scheduled for Saturday, Sept 6th at the County Office.

This is a great opportunity for those of you who have willingness to volunteer of your time but need to do so at your own convenience.....

Online Enrollment can be done ANYTIME day or night- virtually 24/7!!!

If you think this is something you would be interested in doing, or want more information, please contact Colleen at 858-505-6538 or write to her at colleen.tschumperlin@sdcounty.ca.gov

ICE BREAKER GAMES

Beach Ball Ice Breaker Game

Get a large inflatable beach ball and use a permanent fine or medium point marker to write all of the following questions on it. This will take quite some time, but you can do it some night in front of the television. The resulting tool is an "icebreaker ball" that you can use for years to come.

You can use it in a large group and throw it around. The person who catches it has to answer the question touching their left thumb. They then say their name, answer the question and throw it to someone else.

The following questions are simply suggestions. You can add more serious or in depth questions, depending upon the level of ice breaker you want this to be:

If you talk in your sleep, what would you say?

What is the first thing you do when you get out of bed?

If Satan lived on earth, what would he be called by his friends?

What is your favorite movie line?

Approximately how many jokes do you know by heart? and tell us your favorite.

What do Martians do for fun on Mars?

If you were to treat yourself to the "finer things" what would you treat yourself to?

If your life was being turned into a feature length movie, who would play you? And why?

Where is the worst place you've ever been stuck waiting?

What is your "15 minutes" of fame?

Animal Scramble

There is some preparation for this activity. On a slip of paper, write the name of an animal that makes an obvious noise. Create five to ten slips for each animal.

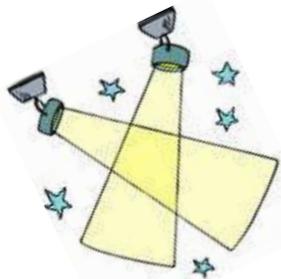
Give each participant a slip of paper, but tell them to keep their animal a secret. The participants are to find the rest of their kind, but there is no talking. So how do they find the others? They have to make the noise of the animal. Once two of the same kind have found each other, they stay together to find more. Continue until all of the like animals have created one big group.

Use Animal Scramble, but add a hint of danger by planting a couple of danger animals who if incorrectly approached can take you out of the game (snake, lion, tiger, etc). The last survivor of non-dangerous animals is winner (Non-dangerous animals need to gather say 4 of a kind to be safe in a pack; they can even fake being a dangerous animal but cannot take out anyone - someone catches onto this and the fun begins!)

Big Wind Blows is an icebreaker game that combines aspects of musical chairs with a get-to-know-you task. It can be humorous and entertaining, especially when you discover interesting facts that you might not expect about people.

To set up the game, arrange several chairs facing inward into a medium sized circle. There should be one chair for each player, minus one. One person starts as the "Big Wind" in the center of the circle, with everyone else seated. The Big Wind raises both arms and spins around, while saying the following: "The Big Wind blows ____". The blank must be filled with a true statement about himself or herself, such as "The Big Wind blows everyone who has been to Canada" or any other true fact. At this point, any of the players who share this characteristic (including the person who is currently the Big Wind) must stand up and quickly find a new seat. For each statement, no player is allowed to sit in the same seat or a seat directly adjacent to his or her previous seat. One person will be left without a seat. This person becomes the new "Big Wind" for the next round.

This game is especially interesting when players use unique, unexpected, or funny statements. For example, a player can say embarrassing statements such as, "Big Wind blows those who have gone without a shower for three days." Have fun and remember the objective of the group game: to get to know each other better.



A Welcoming/Inclusive Environment

An inclusive environment is one that allows a sense of belonging to develop, encourages and supports its members, and offers encouragement with positive and specific feedback. Healthy groups celebrate the success of all members – taking pride in the collective efforts of all.

4-H volunteers might consider the following questions: In our 4-H club....

- Do youth feel included rather than excluded?
- Do youth feel a sense of belonging?
- Do members feel valued and needed?
- Are members actively involved in planning and implementing the club program?

Some practices the 4-H club may want to implement if they have not already done so might include:

- **Encourage creativity and consideration of everyone's ideas.** Take advantage of roll call during the club meeting to generate ideas from your members. Have a suggestion box or poster where members can write comments.
- **Confront cliques and behaviors that exclude someone in the group.** Behavior guidelines as discussed in an earlier article can help avoid some of these issues. If members and volunteers learn to respect each other, they will then take care of each other.
- **Use t-shirts, buttons, hats or other items to symbolize group belonging.** Encourage members to wear these items at club or county events. Club members might routinely attend county 4-H events where other members from their group are participating to encourage them. Clubs may want to create club banners that could be displayed at county fair and club events. The banner can also serve as a display area for club recognition awards.
- **Develop skills and create products that members can take home and share with parents and siblings.** Have youth share club experiences with their family and invite family members to take part in club events. Encourage family members to attend club meetings and events on a regular basis. Many clubs also have a club newsletter, e-mail list or phone tree to help keep families connected.
- **Use ceremonies and traditions to develop group cohesion.** Officer installation, new member recognition, and progress toward goals checkpoints are all examples of ceremonies. Clubs may start a tradition of recognizing parents, alumni, and/or volunteers during National Volunteer Week. The club should seek opportunities to provide multiple opportunities for recognition for members, leaders and parents.
- **Promote diversity of membership in the club.** Invite others from the community to join the club or ask them to give presentations (seniors, people from different ethnic groups, and youth with special needs). Create celebrations that respect culture and diversity. Help all members see that they are welcome to attend or enter any 4-H event in the club or county in which they meet the participation guidelines.
- **Take time at each meeting to do some team building.** It takes extra effort but the dividends will pay off later. Be sure that each child in the club knows the name of all the other members and volunteers. Help each person feel like he/she really belongs to the group and would be missed if he/she were not present.
- **Provide opportunities for youth to learn the difference between negative peer pressure and friendship.** Developing healthy relationships with other youth is not always easy. As volunteers, take advantage of the "teachable moments" to talk about what it means to be a friend and to have a friend among your 4-H members. Through conference judging, critiquing of talks and demonstrations, and during reflection opportunities at the end of club events or activities, members can learn to accept criticism from others.

Written by Sheri Seibold, Extension Specialist, 4-H Youth Development,
University of Illinois Extension, Illinois State 4-H Office

Record Books

The California 4-H Youth Development Program has a long history of record-keeping for 4-H members. In early 4-H history, Record Books focused on project profit and loss and other necessities for agricultural work. As 4-H moved from a primarily agricultural focus to encompassing suburban and urban clubs, the Record Book format changed. In the late 80's, the state level Record Book was reformatted to conform to national achievement (which was then eliminated in the early 90's) and the core values of the 4-H Youth Development Program. However, this left the California 4-H YDP with two different Record Book formats - local and state.

The Purpose of Record Books:

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record-keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed as well as maintain records of project and club work. 4-H members demonstrate growth and measure achievements across their years in 4-H.

In record-keeping, 4-H members develop the following life skills:

- Maintaining records of 4-H project and club work and school and community activities
- Keeping personal and business records
- Improving communication with other people
- Learning time management and organizational skills
- Learning responsibility and developing goal setting skills

4-H Record Books are an educational component of the 4-H Youth Development Program. They may not be required for 4-H membership nor for participation in 4-H activities such as club events and activities, earning a participation pin, or attending 4-H camps or conferences.

4-H Record Books may be required for some projects to show at county fairs or to receive participation awards (such as star ranking). In many clubs/units, counties and at state, 4-H members receive medals or pins for 4-H Record Book achievements.

Record Books are due into the office in September. All Record Books will be critiqued and given comments. All members who submit a record book will receive a ribbon and certificate and be eligible for state competition. If entering state competition please have cover sheet filled in before submitting to county.

Please Note that Officer Record Books will be due September 26th, 2008- Again, OFFICER RECORD BOOKS ARE DUE Sept. 26th, 2008 by 5:00 pm in the county office.
For more information please contact Quang "Hogan" Tong at 858-495-5190





PLEDGE:

I Pledge-
My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
My HEALTH to better living
For my club, my community,
my country, my world

MOTTO:

"To make the Best Better"

San Diego County 4H Leaders' Council

Drew Middleton
President
drumanator@aol.com

Robbie Cranor
Vice President
ROBERT.E.CRANOR.JR@saic.com

Debbie McAdams
Vice President
dmac4h@hotmail.com

Kevin Fletcher
Treasurer
k.fletch@cox.net

Debi Parker
Secretary
debip@sbcglobal.net

Emily Whitecotton
Corresponding Secretary

4-H Staff

Sue Manglallan
4-H Youth Development Advisor
ssmanglallan@ucdavis.edu

Steve Dasher
4-H Youth Development Advisor
hsdasher@ucdavis.edu

Quang "Hogan" Tong
Program Representative
qtong@ucdavis.edu

Terri Barratt
4-H Secretary/Publisher
terri.barratt@sdcounty.ca.gov

Colleen Tschumperlin
Volunteer Coordinator
colleen.tschumperlin@sdcounty.ca.gov

San Diego County 4-H Office
5555 Overland Ave, Ste 4101
San Diego, CA 92123
Phone: (858) 694-2861
Fax: (858) 694-694-2849



**COUNTY OFFICE GATE CODE:
3050#**

Date	Event	Location & Time	Contact	Phone #
Aug 14	Area 1 Meeting	Fallbrook CCL home	Hogan Tong	858-495-5190
Aug 18	Area 5-6-7 Meeting	Ag Classroom-El Capitan HS	Hogan Tong	858-495-5190
Aug 21	Area 2 Meeting	Valley Center Lower Elem	Hogan Tong	858-495-5190
Aug 25	Area 3 Meeting	Olivenhain Valley Meeting Hall	Hogan Tong	858-495-5190
Aug 28	Area 4 Meeting	Ramona Mt Woodson Elem.	Hogan Tong	858-495-5190

Sept 1	NEW 4-H Year Begins			
Sept 6	Online Registration Training	County Office	Colleen	858-505-6538
Sept 8	County Council	County Office	Terry Stark	858-692-4312
Sept 8	All Star Meeting	County Office	Kevin Fletcher	619-669-1057
Sept 8	Teen Council	County Office	Cathy Mitchell	760-749-9643
Sept 9	Horse Advisory	County Office	Carmen Rodriguez	760-966-0307
Sept 20	OFFICER DAY	TBA	TBA	

Oct 4	Large Animal QA training	Ramona Fair Grounds	Steve Dasher	858-694-8874
Oct 5-11	National 4-H Week			
Oct 6	County Council	County Office	Terry Stark	858-692-4312
Oct 8	National Youth Service Day			
Oct 11	Companion Animal QA trng	Ramona Fair Grounds	Steve Dasher	858-694-8874
Oct 13	Teen Council	County Office	Cathy Mitchell	760-749-9643
Oct 13	All Star Meeting	County Office	Kevin Fletcher	619-669-1057
Oct 14	Horse Advisory	County Office	Carmen Rodriguez	760-966-0307

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University policy is intended to be consistent with the provisions of applicable State and Federal laws.

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CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:
<http://jamul4h.org/CountyCal/month.php>

