



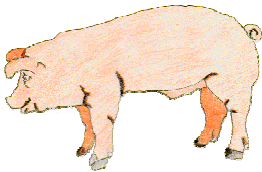
San Diego County 4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION

MEMOS

June 2009

ETHICAL BEHAVIOR - THE POSITIVE WAY TO EXHIBIT AT FAIR



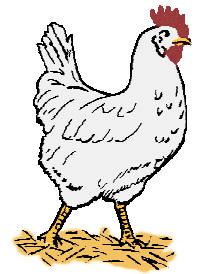
Exhibitors can win without cheating, and winning by cheating is not winning.

Animals should never be mistreated or abused and, if mistreatment is witnessed, exhibitors or leaders must step forward and stop that action.

Only approved drugs and medications should be used in treating animals, and all withdrawal times must be adhered to. Animals should never be given illegal drugs.

Contaminating meat with illegal substances is a violation of state and federal laws.

Exhibitors cannot pick and choose which fair rules to obey at any show. Exhibitors must abide by a rule even if they don't like it.



Exhibitors and their parents should not criticize officials or judges. All that is asked of a judge is their opinion, and that is all that will be given by having a project being judged. It is the responsibility of the youth to feed, train and prepare that project for a show – not parents or a professional fitter.

Practice appropriate Biosecurity Measures to reduce the potential spread of disease.

It is unethical to dye an animal with any color other than the natural color of that animal.

It is unethical and potentially illegal to physically or surgically alter an animal.

It is important adult leaders practice good ethics and that they walk the talk, not just talk the talk. Good ethics teach honesty, values, character, and skills that should last a lifetime.



The Fair Experience is a group experience. Everyone should work together and cooperate to make it a success for everyone.

Exhibiting a project at a show is an opportunity to educate the public about 4-H and the agriculture industry. Members, volunteers and parents need to be friendly, courteous and helpful to the public at all times.



Win Great Prizes! Create a 4-H SET Video!

Get ready to create your own 3-5 minute video that helps staff and volunteers implement SET. Between May 8th and **June 19th** we will be accepting video entries. More information will be coming your way soon at <http://4-h.org/set/videochallenge> – but start creating NOW! Here are the basics:

Who can enter? – Any 4-H educator, volunteer, staff member or specialist

Format? – 3-5 minute digital video that can be posted to the internet

Prizes? - Will be Amazon.com gift certificates and include:

2 - \$1,000 prizes

2 - \$500 prizes

2 - \$400 prizes

• **What?** The video must help facilitators better implement SET and be in one of these categories:

- SET Content
- SET Experiential Learning
- SET Hands-On Learning
- Science Inquiry
- SET Process (Abilities)
- SET Content – specific to the new The Power of the Wind curriculum (extra points!)

Watch for more information coming your way soon. If you have questions in the meantime, contact Pam Garza – pgarza@fourhcouncil.edu or Kirk Astroth – kastroth@cals.arizona.edu



State Fair Exhibitors

If you need ethics training to show at this year's State Fair please see the following :

What: Quality Assurance and Ethics Training Tier III

When: July 15, 2009 from 7:00 pm - 9:00 pm

Where: San Diego County Cooperative Extension 4-H Office,
5555 Overland Ave. Bldg. 4 , 92123, In the Conference Room

Participants need to RSVP to receive the gate code by calling 858-694-2861 or emailing Steve Dasher at hsdasher@ucdavis.edu. Entrance to the facility/County Complex is on Farmham Street between the San Diego County Credit Union and the Medical Examiners Building.

NEW PROPOSED COUNCIL POLICY

The following policy was proposed at the June 2009 Council Meeting. The final vote for adoption will take place at the July Council Meeting. Please review the policy and send your comments to either Terry Stark, Council President, skstark@gonramp.com, or Kevin Fletcher, Council Vice President- Programs, k.fletch@cox.net

San Diego County Council Project Advisory & Committee Procedures

1. All countywide project advisory groups and event committees function under the direction of the San Diego County Leaders' Council and 4-H staff. The groups need to operate under all of the rules, policies, mission and core values that direct the County Leaders' Council. This includes the University of California 4-H Code of Conduct, San Diego County 4-H Council Constitution/By-laws and Roberts Rules of Order. Members of these groups should familiarize themselves with the governing policies.
2. All decisions and actions taken by the committees or advisory groups are subject to final approval of the San Diego County Leaders' Council and/or 4-H staff.
3. Chairs and members of the Project Advisory Groups and Countywide committees need to be Approved Volunteers or enrolled youth members. They will be appointed and/or approved by the Council President and/or Executive Committee on an annual basis.
4. Any guidelines or rules pertaining to activities or events, operating procedures, annual budgets for the upcoming year's activities and a calendar of yearly events must be submitted for approval by the San Diego County 4H Leaders' Council before they can take effect and prior to September 1st of the Program Year.
5. Project Advisory and committee meetings may be open to the general 4-H membership, Only those enrolled youth members and approved adult volunteers who are members in good standing in the San Diego Leaders' Council can vote at any Advisory or Countywide Committee meeting.
6. Each advisory group and countywide committee must keep a list of everyone who attends each meeting. A copy of the attendance and the minutes of each meeting needs to be submitted to the County 4-H Office within 7 days.
7. Countywide Project Advisory Groups should be given the greatest opportunity for autonomy as possible when they are making decisions. They should also keep County Leaders' Council informed of all activities and issues that can impact the 4-H program.
8. Each Advisory and Committee group need to have a representative attend regularly scheduled County Leaders' Council meetings to facilitate communication between County Leaders' Council, 4-H volunteers in general, 4-H staff and the advisory group or committee.



UPDATES FROM THE STATE 4-H OFFICE

Strong Families Matter–

Sharon K. Junge, Acting Director Statewide 4-H Youth Development Program

4-H has long recognized the powerful influence families have on young people's development. As recent studies confirm that family strengths are associated with significantly better outcomes for adolescents in both lower-income and higher income families. Family strengths include emotional/subjective strengths (such as close and caring parents); behavioral/concrete strengths (for example, parental monitoring and parent involvement); and passive parenting strengths (for instance, positive parental role modeling).

A new Child Trends brief, [Exploring The Links Between Family Strengths and Adolescent Outcomes](#), reports several key findings:

- Adolescents who reported having close and caring parents are significantly more likely to perform well in school. Higher parental monitoring and parent involvement are also associated with better school performance.
 - These patterns were found in both lower- and higher-income families.
- Adolescents in families with higher parental monitoring are more likely to avoid risky behaviors. Also, risky behaviors are significantly lower when parents are more close and caring and more involved.
 - These patterns were found for both lower- and higher-income families.

4-H Youth Development Programs that value family involvement and focus on building family strengths can provide yet another protective factor for young people's positive youth development.

PROGRAMS, EVENTS, DEADLINES & FUNDING OPPORTUNITIES

- Are you planning a service-learning project for next year? Each year the California State 4-H Office provides funds to members and volunteer leaders for service-learning projects through the **California 4-H Service Learning RFP**. Groups can request up to \$5,000 to fund activities that address significant environmental, economic and/or social issues affecting California's youth, families, and communities. The Service Learning RFP application and information is available on the web at: <http://www.ca4h.org/citizenship/funding/index.asp>. Examples of past projects are also listed. The application is due **September 15, 2009**.
- 4-H club support funding is available through the **Bob and Pat Dean Memorial Legacy Fund** for California 4-H members or volunteers. Funding is intended for activities that meet the following criteria: 1) enable youth to develop citizenship, leadership, or life skills; 2) support the development of new and innovative 4-H projects benefiting 4-H members; 3) increase public awareness of the 4-H Youth Development Program; 4) expand the reach of the 4-H Youth Development Program (new youth, new audiences); 5) provide continuing benefit to the applicant's local 4-H Club or project. Application information is available at: <http://www.ca4h.org/citizenship/funding/>. Applications are due **September 15, 2009**.

Continued on page 5...



4-H members, volunteers and staff are invited to volunteer and lead hands-on Science, Engineering, and Technology (**SET**) activities at the **California State Fair**. The dates will be August 21-23, 2009. The deadline to sign-up is **June 15**. Please contact Michelle Johnson at 916-263-7914 for more information.

- The **2009 California State 4-H Leader's Forum** will be held **November 6-8, 2009**. This year's theme is "4-H Past, Present, and Future". If you are interested in hosting a workshop, proposals are due by **June 25**, 2009. The registration packet is now available at <http://clubs.ca4h.org/nsection/SLF09/index.htm>. For any questions, you may contact Richard Meade at rmeade@csuchico.edu or Tammy McFarland at 530-268-4665.
- The **South Section Teen Council** has released the 2010 Teen Involvement Conference Workshop Proposal Forms, due **July 13**, 2009 in preparation for participation in the 2010 Conference, scheduled for January 13-17, 2010 at Pathfinder Ranch in Mountain Center, CA. 4-H members from across California are encouraged to attend! Proposal forms and more information can be found at: <http://ss4h.org/teen>.
- **4-H Summer Camp for Military Youth** Special funding was made available for military youth in California ages 9-17 to attend 4-H camps free of charge. Lodging, recreational activities and meals are included. Camp locations and dates are as follows:
 - **June 17-21** Northern CA: 4-H Camp Tehama
 - **June 26-30** Central CA : 4-H Camp Sylvester, Pinecrest
 - **July 12-16** Central/North CA: 4-H Camp Cisco Grove
 - **July 18-22** Northern CA: 4-H Camp Tehama
 - **July 20-25** Central/North CA: 4-H Camp Cisco Grove
 For camp registration information visit <http://www.ca4h.org/military/jfsap/index.asp> or contact Jeanne Christenson at 530-219-6608 or email, jchristenson@ucdavis.edu.
- **Help Staff 4-H Booth at California State Fair** Once again The California 4-H Foundation is recruiting 4-H members and leaders to help staff the 4-H booth at the California State Fair (**August 21 - September 7**). This is a great opportunity for 4-H members and volunteers to share with the public their 4-H experiences, as well as, the wide range of projects and leadership opportunities that are available to youth through participation in the California 4-H Youth Development Program. Small 4-H projects are welcome to accompany you (robots, rabbits, arts/crafts, service dogs, etc.) to give the public a "feel" for what types of projects are available. Examples of service projects also make for good stories to share with the public. Please feel free to bring photo albums or record books with you to show anyone who may be interested in learning even more about your 4-H project. Parking passes and fair admission tickets will be provided to 4-H members and adults who sign up for a 2-hour shift. A maximum of 4 youth and 2 adults per shift will be allowed. Further, each shift must have an adult or older teen in the booth at all times. To sign-up, please visit <http://www.ca4h.org/wrp/statefair/>.

The 4-H State Leadership Conference engages youth in reaching their fullest leadership potential.

California 4-H State Leadership Conference
August 6 – 9, 2009
UC Merced
www.ca4h.org/conference/slc/



The 4-H State Leadership Conference brings together over 400 high school youth from across California in a four-day leadership training, networking, and learning experience. The Conference provides advanced leadership training for high school 4-H members. The Conference is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The Conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff.

Educational Tracks and Workshops – Delegates will participate in nine hours of sessions during the conference. Tracks focus on the National 4-H Mission Mandates of Citizenship, Healthy Living, and Science, Engineering and Technology.

The conference is planned by a team of high school 4-H members and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

4-H Alumni Reception

4-H Alumni are invited to join us on Friday, August 7, 2009 at UC Merced from 7:00 to 10:00pm. Join us for a night of fun, elegance and 4-H! To receive an invitation, please contact Morgan Lynch, Assistant Conference Director at adaisyforjoy@gmail.com or 707.360.7839.

Registration due by **Friday, June 12, 2009** and available at <http://www.ca4h.org/conference/slc/>

\$375.00 per person

IMPORTANT DATES!

June 12, 2009 - Registration Deadline
July 11, 2009 - Orientation at San Diego 4-H Office

For more information about the San Diego Delegation, please contact:

Kevin Fletcher, k.fletch@cox.net or 619-669-1057.

For more State SLC information, please contact:

Hogan Tong, qtong@ucdavis.edu or 530-754-8518.



VOLUNTEER OF THE YEAR



Kevin Fletcher, 4-H Volunteer, with the County Board of Supervisors, Colleen Tschumperlin, Volunteer Coordinator, and Terry Salmon, County Director at the Volunteer of the Year Ceremony held on April 8, 2009 at the Annual Volunteer Recognition Event.



Kevin Fletcher (right) was accompanied by (from left to right) Quang "Hogan" Tong, 4-H Program Rep, his wife Dana Fletcher, his mom Beverly Fletcher, and daughter Nicole Pain.

2009 Farm & Home Advisors Volunteer of the Year... Kevin Fletcher

Kevin has served as a mentor and leader to the San Diego 4-H members and volunteers for over 12 years. He first began as a father supporting his daughter and her friends and has continued with the program beyond those years to help members across the county. Thanks to his hard work and diligence Kevin has increased the number of members representing the County at the 4-H State Leadership Conference, making San Diego County the largest delegation in the state of California. Throughout the years Kevin has been the All Star Advisor, County Council Treasurer, County Council Vice President - Programming, Review Committee Member, Constitutional Committee Chair, San Diego County State Leadership Conference Coordinator, a presenter at the State Leadership Conference, a Community Club and a Project Leader.

Kevin is a tremendous asset to the San Diego County 4-H Youth Development Program.



Congratulations to the San Diego 4-H Members who participated in the State 4-H Field Day held on May 30 at UC Davis.



State Fashion Review:

Miranda Cain, Escondido 4-H, Intermediate, Recycled, Blue Ribbon

Lindsay Newland, Jamul Chaparros, Junior, Consumer Science– Purchased, Blue Ribbon, Medalist

Haley Grigsby, Jamul Chaparros, Intermediate, Traditional, Blue Ribbon, Medalist

State Presentation Day:

Yocelyn Arsenault, Escondido 4-H, Intermediate, Illustrated– How to Adopt a Child in San Diego County, Gold

Ellen Payton, Poway 4-H, Senior, Cultural Arts– Virtuoso no.21



~San Diego SET News~

Spring 2009



Look for updates on SET Advisory Committee Meetings in the Monthly 4-H Newsletter, Memos.

Find and process the science that is already there in your existing 4-H projects. Keys for understanding “*Inquiry*”.

In inquiry-based learning, youth build understanding through active exploration and questioning. They key to inquiry is that youth seek answers to questions rather than being given answers, which requires those who lead activities to facilitate learning and not simply disseminate knowledge.

Inquiry-oriented instruction engages youth in the investigative nature of science. This will include:

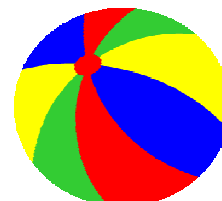
- active questioning and investigating;
- acquiring new knowledge; and
- observing and manipulating (physically or mentally) objects, phenomena and/or nature.

SET ACTIVITY

THE FOLLOWING IS AN ACTIVITY PROJECT LEADERS CAN USE TO INTRODUCE INQUIRY AND EXPERIENTIAL SET LEARNING TO THEIR GROUPS. IT IS APPROPRIATE FOR AGES 8 AND UP.

DIRECTIONS: Write the following questions on a ball. You may want to do this to several balls, so that there is one ball for every 8 to 10 people in your meeting.

- * What is a time that you used technology?
- * My favorite use of technology is...
- * My least favorite use of technology is...
- * Fill-in the blank: I _____ science.
- * Can you name one step in the scientific process?
- * The scariest thing about science, engineering or technology is...
- * What was the first time you did something that involved science?
- * Tell one thing that engineering has done to make your life easier.
- * Does science scare you? Why or why not?



1. Ball toss.

- This activity will further introduce the SET concepts and explore some of the anxieties associated with teaching SET.
- Form groups of 7 to 10 people each for the ball toss, depending on the amount of space and number of participants.
- Play catch with the ball, having each person catch the ball, read and answer aloud one question before tossing the ball to another person.
- Continue the game until each person has had an opportunity to answer one to three questions.
- It is okay to repeat questions.

2. Process the activity.

- Ask some of the following questions:
 - Was anyone nervous about answering questions about science before the game started?
 - What did you learn about yourself from this activity?
 - What did you learn about others in the group from this activity?
 - Was it difficult to answer questions? If yes, which ones?
 - What are your science, engineering and technology learning experiences?
 - Do you feel intimidated by science, engineering or technology?
 - Or are those topics or ideas exciting to you?
 - How can you use this activity with the youth?
 - What could you learn about the youth by using this activity?
 - Did you learn something that can help you facilitate SET learning in your afterschool program?

3. Apply what was learned.

- Ask participants how they can use what they learned from the activity in their afterschool program to help facilitate youth learning about science, engineering and technology.
- Ask them to make notes about how they will use apply what they have learned.

*This activity was borrowed from Tools of the Trade II Curriculum

**San Diego County
4H Leaders' Council :**

Terry Stark
President
skstark@eonramp.com

Robbie Cranor
Vice President-Fundraising
robert.e.cranor.jr@saic.com

Kevin Fletcher
Vice President-Programming
k.fletch@cox.net

Charla Cranor
Treasurer
arabian@nethere.net

Rhiannon Stark
Secretary
thanxcptnobvious@yahoo.com

Neal Woodall
Corresponding Secretary
bwoodall@lamppost.dhs.org

County Office 4-H Staff:

Sue Manglallan
4-H Youth Development Advisor
ssmanglallan@ucdavis.edu

Steve Dasher
4-H Youth Development Advisor
hsdasher@ucdavis.edu

Terri Barratt
4-H Secretary/Publisher
terri.barratt@sdcounty.ca.gov

Colleen Tschumperlin
Volunteer Coordinator
colleen.tschumperlin@sdcounty.ca.gov

San Diego County 4-H Office
5555 Overland Ave, Ste 4101
San Diego, CA 92123
Phone: (858) 694-2861
Fax: (858) 694-694-2849

What Are You Doing ? ? ? ?



Have your club reporter or someone from your club write a paragraph or two telling what your club is doing in the community— send it to Terri at the County office by the 20th of the month...send pictures too! We would love to feature your project here!



On Saturday, March 21st, the Poultry group of the Jamul Chaparros, (called the San Diego Chargers!) traveled to Ventura to participate in the Avian Knowledge Bowl State Qualifier. There were teams from Ventura, Riverside, Sacramento and San Diego Counties. The Chargers took 3rd place! It was the first time a team from San Diego County competed since 1998!

Way to go Chargers! Way to go Jamul Chaparros 4-H Club!





DATES TO REMEMBER



County Office Gate Code: *081234#

Date	Event	Location & Time	Contact	Phone #
June 1	County Council Meeting	County Office 7:00	Terry Stark	619-405-3687
June 6	Area 4 Field Day	Ramona Fairgrounds	Cheryl Brean	760-789-3882
June 8	All Star Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
June 8	Teen Council Meeting	County Office 7:00	Cathy Mitchell	760-749-9643
June 9	Horse Advisory	County Office 7:00	Jason Gosschalk	619-922-3675
June 12	SLC Applications Due	County Office by 5:00	Colleen Tschumperlin	858-505-6538
June 12	County Fair begins	Del Mar Fairgrounds	runs thru July 5th	

July 11	SLC Orientation	County Office	Kevin Fletcher	619-669-1057
July 13	Fair Review Meeting	County Office	Terry Stark/Debbie McAdams	
	Co.Council Elections take place during the Fair Review Mtg B sure 2 B there!			
July 13	All Star Mtg	County Office	Kevin Fletcher	619-669-1057
July 13	Teen Council Mtg	County Office	Cathy Mitchell	760-749-9643
July 14	Horse Advisory	County Office	Jason Gosschalk	619-922-3675
July 25	Ramona Jr Fair Dog Show	Ramona Fairgrounds	Bonnie Trigg	760-630-1523
July 30	Ramona Jr Fair	runs through Aug 3		

Aug 6-9	State Leadership Conference	UC Merced	Kevin Fletcher	619-669-1057
Aug 13	Area 1 Mtg	TBA	4-H Office	858-694-2861
Aug 17	Areas 5-7 Mtg	TBA	4-H Office	858-694-2861
Aug 20	Area 2 Mtg	VC Lower Elementary 6:30	4-H Office	858-694-2861
Aug 24	Area 3 Mtg	Olivenhain Town Council 6:30	4-H Office	858-694-2861
Aug 27	Area 4 Mtg	Mt. Woodson Elem 6:30	4-H Office	858-694-2861



Joke of the Month!

What happens when a frog parks illegally?

He gets toad



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CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:

<http://jamul4h.org/CountyGal/month.php>

