



MEMOS

APRIL 2011

University of California
Agriculture and Natural Resources

4-H Youth Development Program



4H Youth Leadership Project to Start in the Fall of 2011

Hello Thriving San Diego County 4-H Volunteer Leaders,

The State 4-H Youth Leadership Project which is for both Junior and Teen Leaders has been updated and improved for this fall. It will include an on-line record book (a first). The focus of the project will be on helping youth develop skills to successfully thrive. 4-H Thrive involves using the latest research and best practices in brain and youth development to clearly identify implement and document the effort we all know 4-H makes in the positive development of our youth.

A group of San Diego County 4-H adult and teen leaders have just been trained in 4-H Thrive. They are Celeste Carillo-Salado, Haley Grigsby, Shirley Salado and Michele Dingle. This team along with Carol Roberts, 4H Club Program Representative attended a two day workshop and will be providing volunteer 4H leaders throughout the county with training and assistance in using this new hands-on process and the corresponding workbooks with their junior and teen leaders in their individual clubs.

Each club will need to begin to identify a leadership project leader. Leadership projects can be carried out in many ways. One way is the traditional youth leadership experience in individual projects like sheep or cooking. Or you might want to include all youth who are junior and teen leader age in the club to be a part of a separate leadership project that meets before the club officers' monthly meeting. You may decide to team with another club to share the leadership project in your area. Consider the possibilities and what works best for the club members or area but start identifying an adult Thrive Leadership Leader for your group now.

We look forward to your input on how best to implement the Thrive Leadership Project for the 4-H members and your 4-H Club. This first year will focus on helping youth develop skills in making a contribution to their community and others. The project will to expand into all areas of 4-H in upcoming years.



New Food Safety Education Training Online

Bacteria are hitchhikers.



Make It Safe, Keep It Safe

IF YOU HANDLE FOOD AT POTLUCKS, LUNCHEONS, MEETINGS, FUNDRAISERS OR ANY OTHER 4-H EVENT THIS MESSAGE IS FOR YOU.

A NEW FOOD SAFETY TRAINING WITH AN EVALUATION QUIZ TO DOCUMENT COMPLETION OF YOUR TRAINING HAS JUST BEEN CREATED FOR YOU ONLINE.

The content is based upon the UCANR curriculum *Make It Safe, Keep It Safe*. **Protect yourself against liability by completing the training online. The county will have a record of successful course completers. It is suggested that each club have one or more leaders/parent volunteers trained in food safety.**

- **ONLINE FOOD SAFETY COURSE LINK:** [http://ucanr.org/sites/foodsafety/Make it Safe- Keep it Safe/- Why Learn About Food Safety/](http://ucanr.org/sites/foodsafety/Make%20it%20Safe-Keep%20it%20Safe/-Why%20Learn%20About%20Food%20Safety/)
- **ONLINE FOOD SAFETY QUIZ TO DOCUMENT COMPLETION LINK:** <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=6281> The optional quiz at the end of the program will provide the 4-H staff with your score. The passing score is 80%. You may take the quiz as many times as you need.

The goal of food safety education is to minimize the risk of foodborne illness at all 4-H events where food is prepared or served. Food safety is a priority for all events to maintain a healthy environment and to reduce the risk of foodborne illness. It is important that 4-H groups prepare and serve food in compliance with state laws and local health department rules, including securing appropriate permits. Where the risk is higher, such as events where food is served to large number of people in the public, food safety training is essential.

4-H Food Safety Policy link: <http://www.ca4h.org/Administration/Policies/Chapter11/>
Food Safety information is available as brochures.

[Food Safety Brochure \(English\)](#) (updated version forthcoming)

[Food Safety Brochure \(Spanish\)](#) (updated version forthcoming)

For further information:

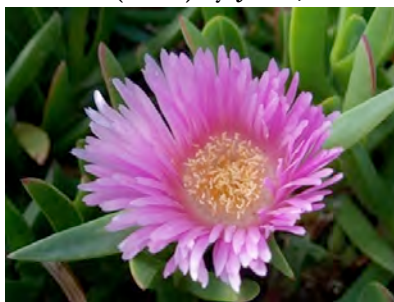
http://ucanr.org/sites/safety/Programs/Food_Safety_Education/ UCANR Food Safety

Photography through Our Eyes

“Vroom-vroom” (Black& White) By: Ashley, 12



“Untitled” (Macro) By: James, 13



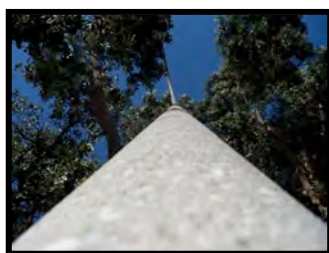
“Giant Board” (Illusion) By: Esteban, 13



“Propeller” (Catch-All) By: Kirk, 12



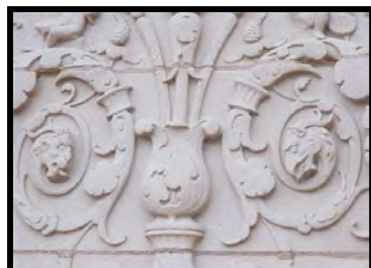
“Cement Pillar” (Bugs View) By: Rafael, 11



“Smile” (People) By: Ryan, 16



“Dragons” (Patterns) By: Samantha, 18



These were just some of our
Honorable mentions

SAN DIEGO COUNTY 4-H FUNDING OPPORTUNITY

Do you have a Community Service Project your club would like to do but you need financial help getting started? San Diego County 4-H has \$350.00 available annually, Thanks to the Ann Judd Endowment for such a project! Ann Judd was a past 4-H Secretary.

To have your clubs Community Service Project considered, submit a proposal letter that outlines the following details: Objectives of the Project, Description of the Project, Expected Outcomes and Proposed budget. Proposals will be accepted until June 1, 2011. Project must then be completed by December, 2011

Area 5 Presentation Day

Congrats to everyone who participated in the Area 5 Presentation Day! We had an interesting morning with presentations on everything from cake decorating, to horse shoeing, and social conditions for albinos in Africa. Some of judges had never been exposed to 4-H and they were very impressed with the quality, knowledge, and poise of our youth members as they gave their presentations. They were truly delighted to see the positive things our youth members are involved in and how 4-H is helping to round our youth members into good citizens. There is hope for the future! Our finalists were:

Demonstration – Sr. Division – Chelsea Smith

Illustrated Talk – Sr. Division – Jannettie Krempp

Illustrated Talk – Inter. Division – Jesslynn Krempp

Interpretive Reading – Sr. Division – Rachel Bradley

Prepared Speech – Sr. Division – Haley Grigsby

Mary Bradley



Teen Council Fun Day Event!

Come Rock Climbing!

Friday, May 13th

Solid Rock in Poway

All 4-H youth ages 11 and up Welcome

Cost is \$10.00

R.S.V.P to Faith Knipe by May 1st

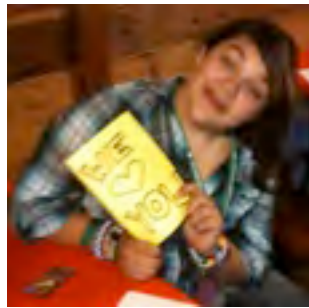
760-740-9718 or Faithknipe4h@aim.com

Reflection for Camp

4-H Junior Leadership Camp was fun. I met new people and made new friends. I like that we got to do fun activities. I like that we got points when we did things that were good. Also when we went into the cabin it was warm. I like that we could go to sleep a little late and wake up a little late too. I'm glad I met people like Brooke Brittany, and Erin they are funny and fun to be around I can't believe they live in the same area as me.

I learned how it is to be with a disability. We had to wear goggles to see how some people see. We had to wear soundproof headphones to see how people that can't hear talk and what they can hear. We got our legs tied together to feel what it is like to not be able to walk. That was really hard when you had to go over the stool. We were also blindfolded. While we were blindfolded we had to make the word that was on the card without looking. They said I made the best cat. 😊

I would have change the music I know they couldn't do much of it but it was a little disappointing that they couldn't even play we are who we are. The dance wasn't that entertaining because most of the people went up to where they were games and the wii. I would have had some more activities out for people to do like bracelet making, coloring, puzzles, and much more. Other than that I wouldn't change anything. I like camp this year!





Think Possibilities!

Leadership opportunities abound in 4-H. Attend the next County Leader's Council, and county project advisory committees. We need adults and teens to be leadership committee members, and event committee members. We need your good ideas at our meetings to make this program the best it can be.

So do you want to...

- Become more involved at the county level?
- Take on more leadership roles?
- Serve on a board?
- Help plan and execute county events?

Come Out, Attend, Run, and make a difference. Learn leadership by doing!!!

County Leader's Council	Teen Council	Horse Advisory	Small Animal Advisory	Dog Advisory
1 st Monday 6:30 PM County Office	2 nd Monday 6:30 PM County Office	2 nd Tuesday 6:30 PM County Office	Next Meeting April 20 6:30PM County Office	Next Meeting May 25 6:30 PM County Office

Financial Aid for 4-H State Leadership Conference

<http://www.ca4h.org/files/53496.doc>

Through a grant from Wells Fargo and assistance from the California 4-H Foundation, financial aid is available to delegates wishing to attend the 2011 4-H State Leadership Conference.



Area 2 Presentation Day was held at Twin Peaks Middle School, March 12, 2011

Youth participated from Escondido, Poway, Fallbrook, Jamul Chaparros and Alpine Amigos 4-H Clubs

A big Thank You to Rebecca Tierce for chairing this event to earn her Emerald Star

National Directory of 4-H Materials
Combination of free and for sale materials

<http://www.4-hdirectory.org/>

The 4-H National Directory of Materials is a searchable database of educational materials currently available throughout the Cooperative Extension System. You will find group project materials, volunteer and professional development materials, as well as many other resources. You can search by topic area or keyword, then click on the links to the resources.

Free Online 4-H Curricula Library

<http://www.ca4h.org/Projects/Curriculum/SETCurriculum/>

Download PDF files for Veterinary Science, Rabbits, Exploring Salmon and Steelhead, Water Quality, Pollinators, Pond Mapping, Engineering, Agriculture, or DNA!

DNA for Dinner (2010)

http://www.ca4h.org/Projects/Curriculum/SETCurriculum/DNA_for_Dinner_2010/

Topic Area: DNA & Biotechnology | **Audience:** Middle School | **Published:** 2010 This curriculum covers a number of topics relating to genetic diversity, genetic codes, genomes, DNA, organism's building blocks, biotechnology and risks and benefits, will be introduced. Each lesson includes background, hands-on activities, word definitions, math puzzles, discussion suggestions, questions to ask and leads to finding more information.

Cool the Earth

<http://www.cooltheearth.org/our-program/>

Cool The Earth is a free, ready-to-run program that educates K-8 students and their families about climate change and inspires them to take simple actions to reduce their carbon emissions. The program is successful because it's fun and empowering for the kids, and their enthusiasm is contagious!

**San Diego County
4-H Leaders' Council:**



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4-H Shooting Sports Leader Certification for Archery



A shooting sports training workshop for the archery discipline will be held in Red Bluff, CA on
Saturday, May 21 9 AM – 5 PM
Sunday, May 22 8 AM – 3 PM

Upon successful completion of the course, participants will be certified as archery volunteers and can instruct archery club projects and camp programs. Attendance at both days is required. NEW! Attendees will also learn about & participate in the youth only tournament scheduled for Sunday, May 22nd.

The course will be held at the Tehama County Search & Rescue Building, Park Avenue & Baker Road, Red Bluff, and at the Ishi Archery Club Range, Hwy 36 East, Red Bluff. Cost for the course will be \$40 and includes morning refreshments, Saturday lunch and class materials. Dry camping is available at the range.

For more information, contact Leland George, State 4-H Archery Instructor, at 530-527-4200 or e-mail: ljgeorge@clearwire.net. Please send "Training Request & Registration Form" and fees to Leland George, 21075 Hwy 36 West, Red Bluff, CA 96080. Make checks payable to "Tehama County 4-H Council". Pre-registration is due Monday, May 16th. For the "Training Request & Registration Form" go to <http://ca4h.org/projresource/shootingsports/index.asp> or contact your county 4-H office.



Hello California 4-H!

Information about the Second Annual California 4-H Photography Contest is now available on the State 4-H Website at <http://www.ca4h.org/Programs/Events/SFD/Photo/>

The photography contest will be held during the 2011 CA 4-H State Field Day at UC Davis on May 28, 2011, from 8:30am- 6:00pm. The online registration is now open, and the deadline is May 6, 2011. Please help the California 4-H Technology Leadership Team by spreading the news of the photography contest throughout your counties. We had a great turnout last year, and hoping the same this year!

If there are any questions, feel free to send them my way.

John Trammell Computer Resource Specialist--4-H Military Partnership
4-H Youth Development Program
University of California-Agriculture and Natural Resources
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jwtrammell@ucdavis.edu
<http://www.ca4h.org>

DATES TO REMEMBER

Date	Event	Location & Time	Contact	Phone
April 2	Leader Appreciation Brunch	Esc Chamb of Commerce	Shirley Salado	760-480-7410
April 4	County Council	County Office 6:30 pm	Charla Cranor	619-322-8069
April 10	Dog Show	El Monte Park	Jody Mason	760-744-6200
April 11	Teen Council	County Office 6:30 pm	Cathy Mitchell	760-500-0547
April 12	Horse Advisory	County Office 6:30 pm	Jason Gosschalk	619-850-8426
April 16	Archery Fun Day	Double Eagle Ranch	Jud Fidellow	760-749-2705
April 16	Horse Flat Show	Tumbleweed	Gina Robertson	619-212-0881

County Office closed May 30 for Memorial Day Holiday

May 1	Horse Show			
May 2	County Council	County Office 6:30 pm	Charla Cranor	619-322-8069
May 9	Teen Council	County Office 6:30 pm	Cathy Mitchell	760-500-0547
May 10	Horse Advisory	County Office 6:30 pm	Jason Gosschalk	619-850-8426
May 12	SLC financial Aid Apps	Due to County Office	by 5:00 p.m.	
May 14	Dog Show	El Monte Park	Jody Mason	760-744-6200
May 21	Sectional Field Day	Mt SAC		
May 25	Dog Advisory	County Office 6:30 pm	Jody Mason	760-744-6200
May 28	State Field Day	UC Davis 8am-6pm		

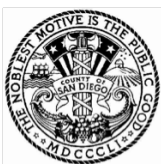
June 5	Horse Show		Robin Dixon	760-723-5759
June 6	County Council	County Office 6:30 pm	Charla Cranor	619-322-8069
June 10	Del Mar Fair begins			
June 11	Area 4 Field Day	Ramona Fairgrounds	Cindi Ziegler	760-788-0622
June 14	Horse Advisory	County Office 6:30 pm	Jason Gosschalk	619-850-8426



San Diego County 4-H Military Sites:
 BayView Gateway Hartman Silverstrand
 Murphy Canyon Community Murphy Canyon Youth Center
 Chesterton Village at Serra Mesa

Quote of the Month

Ability is what you're capable of doing. Motivation determines what you do.
 Attitude determines how well you do it.



CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:

<http://jamul4h.org/CountyCal/month.php>

For more information visit our 4-H website at <http://cesandiego.ucdavis.edu>

