



San Diego County

**4-H**  
Youth  
DEVELOPMENT  
PROGRAM

CITIZENSHIP  
LEADERSHIP  
LIFE SKILLS



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# 4-H Memos

Most of us probably remember being new to a group. We probably felt excited to experience new things and meet new people. Often, we felt nervous and worried because we didn't completely understand what was going on. Sometimes, we feel this way for quite a while. We're going to focus on how we can welcome new members and their families by getting better acquainted and sharing information on how 4-H works.

A welcoming environment increases members' sense of belonging in their 4-H club. To achieve this 4-H Club members, leaders and parents will need to:

- Value get-acquainted activities and games with new members and families
- Understand that everyone has a role in welcoming new members and families
- Understand the different 4-H information that new participants need
- Share ideas about 4-H events and activities that will help new participants

When we do get-acquainted activities, we discover how we're alike and different. This gives us a starting point on future conversations. After we're done with this session and it is informal time, ask the "dog people" if they have a dog and what their dog's personality is like. If they don't have a dog, ask them about other animals they might like or own. This keeps the conversation going and members get to know members better.

Helping new and continuing members and their families feel welcome is the responsibility of everyone. Do more get-acquainted things in the club through the year with roll call and other activities. You can help by sitting next to different people and visiting with them.

There are other places you can learn more about 4-H opportunities and resources. Every family will receive a county newsletter. This newsletter includes the county calendar of events, training opportunities and activities for youth, and news from clubs. The newsletter is written by our county YDP staff. They are educators who do training and work with volunteers to conduct the 4-H program in clubs and at the county level. They are available to answer questions. The county 4-H web site is at <http://cesandiego.ucdavis.edu/4%2DH%5FProgram777/>

All of us were new to 4-H at one time. We know that it seems like a lot to learn and it can be a bit overwhelming. Our goal is to have fun while learning new skills. It is not our goal to frustrate new people. So, experience 4-H one season at a time. Ask questions. We're glad to have new members and families in our group! You make our club more fun and interesting!

**AUGUST, 2006**



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## NEW POLICY DEVELOPMENT

### San Diego County 4-H Policy for Exhibiting at Fairs

Recent issues have forced the San Diego County 4-H Office to implement a new policy regarding eligibility of 4-H members and leaders participating in fairs and shows.

For youth: **All individuals wishing to enter any fair as a 4-H member must be formally enrolled in the project they wish to show in by January 1 of the Program year. This is done by submitting an enrollment form with the project(s) identified to their Community Club Leader by their 4-H Club's enrollment deadline. If they are adding the project after they have turned in an enrollment form, they must submit it to their 4-H Community Club Leader in writing before the January 1st deadline.**

Individual Clubs and Project groups may also have **additional requirements** members need to meet in order to be eligible to show their project at the fair. Project Leaders should identify those expectations and requirements at the beginning of the project year with the members and their families. The 4-H office must verify member and leader enrollment, in specific projects, for liability and eligibility to enter fairs and shows. When members join late in the year or change projects, the 4-H Office does not always have that information for verification, resulting in members and leaders erroneously thinking they were enrolled, but were not according to the official records in the 4-H office. This policy **does not prevent** a youth from joining 4-H after January 1<sup>st</sup> in a project to learn and be part of the 4-H Experience.

For Volunteer 4-H Adult Leaders: **Adults must submit an enrollment form, with the project they are leading, to the 4-H Community Club Leader, and complete the requirements to be a Certified Volunteer 4-H Leader by January 1 of the program year to be verified by the 4-H Office to be badged or verified for any fair in that calendar year.** The **only exception** is when a new project leader is replacing a current project leader in that club. Last minute requests for individuals to be certified as 4-H leaders so they can be badged, creates a hardship on the local 4-H Club Leadership, 4-H Office staff and Fair Entry staff due to the chaos that ensues. Adults also need to recognize that applying to be a 4-H leader is a commitment to working with and assisting youth well in advance of any show not as a method to receive a badge to enter the Fair.

## RECORD BOOKS

The California 4-H Youth Development Program has a long history of record-keeping for 4-H members. In early 4-H history, Record Books focused on project profit and loss and other necessities for agricultural work. As 4-H moved from a primarily agricultural focus to encompassing suburban and urban clubs, the Record Book format changed. In the late 80's, the state level Record Book was reformatted to conform to national achievement (which was then eliminated in the early 90's) and the core values of the 4-H Youth Development Program. However, this left the California 4-H YDP with two different Record Book formats - local and state.

The Purpose of Record Books:

4-H Record Books serve a variety of purposes in the California 4-H Youth Development Program. While society has changed, so have the goals of 4-H record-keeping. 4-H Record Books allow 4-H members to reflect on their yearly work completed as well as maintain records of project and club work. 4-H members demonstrate growth and measure achievements across their years in 4-H.

In record-keeping, 4-H members develop the following life skills:

- ✦ Maintaining records of 4-H project and club work and school and community activities
  - ✦ Keeping personal and business records
  - ✦ Improving communication with other people
  - ✦ Learning time management and organizational skills
- Learning responsibility and developing goal setting skills

4-H Record Books are an educational component of the 4-H Youth Development Program. They may not be required for 4-H membership nor for participation in 4-H activities such as club events and activities, earning a participation pin, or attending 4-H camps or conferences.

4-H Record Books may be required for some projects to show at county fairs or to receive participation awards (such as star ranking). In many clubs/units, counties and at state, 4-H members receive medals or pins for 4-H Record Book achievements.

**Please Note that Officer Record books will be due September 29, not August. Again OFFICER RECORD BOOKS ARE DUE SEPTEMBER 29, 2006 by 5 pm in the county office. For more information please contact Quang "Hogan" Tong at 858-495-5190.**

## INFORMATION AND GUIDELINES ON RECORD BOOK JUDGING

### ELIGIBILITY

All 4-H Club members enrolled during the current project year, September 1- August 31, are eligible to participate.

#### A. For any member entering a book in the County Record Book Judging:

**PRIMARIES** are in kindergarten or 5 years old (by January 1 of the program year) until they are in 4<sup>th</sup> grade or 9 years old (by January 1 of program year).

**JUNIORS** are under 14 as of January 1 of the program year.

**SENIORS** are 14 or over by January 1 of the program year.

2. Entry cards (Primary-Pink) and Signature Sheets (Junior-Yellow and Senior-Green) are available from the Community Club Leader. Members complete the card or sheet and include it with their completed record book. **Members who do not want their record book judged at the county level should check the appropriate space on the entry form. Community Club Leaders are not expected to forward books members do not want judged at the county level.**
3. The Community Club Leaders (or their designate) are to review the record books and sign where indicated on the Signature Sheet or Entry Card. Project Leaders should also sign the Signature Sheet. Record Books submitted without **ALL** signatures will not be eligible for awards. Be sure to check for all appropriate signatures. Members are responsible to ensure that all signatures are obtained. Leaders' signatures validate enrollment, participation, and factual presentation of project work.
4. The Community Club Leader or other designated leader or volunteer is to bring **ALL RECORD BOOKS FOR THEIR CLUB** to the 4-H office as a group. Books submitted individually will not be eligible for evaluation.
5. Club Books should be submitted to the 4-H office in a box clearly labeled on the outside with the club name.
6. **FORM 1- 4-H CLUB RECORD BOOK ROSTER** must be completed and submitted with the record books.
7. **JUDGES SIGN-UP FORM** must accompany record books. Clubs must provide judges for club books to be judged. At least one (1) judge per 10 books/ per club is required. Additional help is always needed and appreciated.

### [RECORD BOOKS DUE TO 4-H OFFICE BY 5:00 PM ON AUGUST 7, 2006](#)

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## JUDGES SIGN UP INFORMATION

The Annual County Record Book Evaluation event will occur Aug. 14<sup>th</sup> – 19<sup>th</sup>, 2006. This weeklong event is the culmination of the 4-H year for most members, and an opportunity to reflect on their year's project work. While there is a competitive component to this event, it is the educational evaluation of the project work that is most important.

Members may or may not receive county distinction for their work, but all should receive positive, thoughtful feedback on how to improve their record keeping for the next 4-H year. It is this feedback that can make a member continue to strive for excellence in their endeavors, or discourage them not to continue with the 4-H Program. With this in mind, judges are needed to give their feedback on members' project work. A club that submits books to be evaluated is required to assist with this process. Judges, data entry, and general helpers are needed to make this event successful.

Following is the schedule and volunteer requirements for the week. It would be helpful if volunteers could give 3-hour blocks of time. But all assistance is needed and appreciated. Please sign up when you can at the county office with Quang "Hogan" Tong at 858-495-5190 or qtong@ucdavis.edu.

### RECORD BOOK EVENT SCHEDULE

DATE	ACTIVITY	VOLUNTEERS NEEDED/TIME
<b>Monday August 7</b>	<b>RECORD BOOKS DUE TO 4-H OFFICE BY 5:00 PM</b> Volunteers are needed to log books in and start sorting process.	2-4 people  3:00-7:00 pm
<b>August 14</b>	<b>RECORD BOOK SORTING/CROSS REFERENCING</b> Continue sorting books. The books need to be cross-referenced and placed in Umbrella categories.	6-9 people  9:00am-12:00 pm 6:00-9:00 pm
<b>August 15</b>	<b>RECORD BOOK SORTING/CROSS REFERENCING</b> Continue sorting books. The books need to be cross-referenced and placed in Umbrella categories.	6-9 people  6:00-9:00 pm
<b>August 16-18</b>	<b>PRIMARY/EMERALD STAR/UMBRELLA JUDGING</b> Book judging and placing Book in project categories.	12-18 people  9:00am-9:00 pm
<b>August 17-19</b>	<b><u>SMALL PROJECT JUDGING</u></b> Small Project Category Judging all day long.	21-30 people  9:00am-9:00 pm
<b>August 17-19</b>	<b><u>SMALL/LARGE PROJECT JUDGING</u></b> Continue Small Project judging if necessary. Large Project Judging all day long.	21-30 people  9:00am-9:00 pm

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## 4-H BULLETINS

### PROGRAM

- The California 4-H Youth Development Program seeks 4-H members to **help staff the 4-H display booth at the California State Fair** on August 11-September 4, 2006. The display booth helps us inform the public about
- today's 4-H Youth Development Program and its benefit to youth and communities. Small 4-H projects are welcome to accompany you (rabbits, arts/crafts, service dogs, examples of community service, record books, etc.) to give the public a feel for the types of projects available. If you are interested, **leave a message on the State Fair volunteer line at 530-754-5822 or send an e-mail to [state-fair-vols@ucdavis.edu](mailto:state-fair-vols@ucdavis.edu)**. Please include in your message: name, phone number, dates/times you are available to volunteer, and number of people in your group. Groups are booked for two-hour shifts with up to six people per shift. Any group with youth under 18 must also have two adults or older youth (18 years +) volunteering with them in the booth. The voicemail and e-mail will be checked periodically and you will be contacted within 3-5 days.
- **State Leaders' Forum 2006 "4-H Leadership 101"**, sponsored by the South Section, will be held at Asilomar Conference Center near Monterey on November 17-19, 2006. Registration for the conference is due **August 1, 2006**. Forms and more information can be found at: <http://www.ss4h.org/SLF2006/index.htm>
- **A 4-H Shooting Sports Workshop in the Rifle Discipline** will be held on **July 29-30, 2006** in Springville (Tulare County) at the Veteran's Memorial Building, 35944 Highway 190, from 8:00 a.m. to 5:00 p.m. each day. This workshop is for individuals interested in becoming a 4-H shooting sports leader. At the successful completion of this course, the adult participants (21 years of age or older) will be qualified 4-H leaders in the rifle discipline. To register for the course, contact the Tulare County Extension Office at (559) 685-3309 ext. 203. For additional information about the training or facility, contact Scott Wilson at Home: (559) 539-3153, Cell: (559) 359-6205, or Email: [bookinout@aol.com](mailto:bookinout@aol.com)

### FUNDING

- **For Clubs/Groups:** The **Captain Planet Foundation** funds and support hands-on environmental projects for children and youth with an objective to encourage innovative programs that empower youth around the world to work individually and collectively to solve environmental problems in their neighborhoods and communities. The foundation offers small grants of \$500 or less, as well as a limited number of grants ranging from \$500 to \$2,500. Applicants must be at least 18 years old to submit a proposal. Visit the Captain Planet Foundation website for information at: <http://fconline.foundationcenter.org/pnd/10002451/captainplanetfdn>. Deadlines for submitting grant applications are **September 30, 2006**, **December 31, 2006**, and **March 31, 2007**.
- The California 4-H Foundation now has an **eScrip group number**, allowing 4-H to receive funding through the eScrip program. Supporters can register their shopping cards (Macy's, Discover, etc.) and credit or debit cards (if desired) to the group ID number below for the California 4-H Youth Development Program to receive a small percentage of the purchases made. It's easy and cost-free! Visit [www.escrip.com](http://www.escrip.com) to get started. **The California 4-H group number is 500003938**. Pass this information on to your groups!

### SAN DIEGO COUNTY 4-H COUNCIL 2006-07

Please congratulate and welcome the serving officers for the San Diego County 4-H Council 2006-2007.

#### Elected Officers

Drew Middleton	President
Charla Cranor	Vice President
Charlie Knust	Vice President
Kevin Fletcher	Treasurer
Cathy Mitchell	Secretary
Taelor Robertson	Corresponding Secretary

We would like to thank last year's officers for a wonderful year of leadership.

Debbie McAdams	President
Debbie Torres	Vice President
Jessica Williams	Vice President
Drew Middleton	Treasurer
Suzanne Robertson	Secretary

## EULOGY –LEADER FOR 45 YEARS

The years just seem to roll by, pile up and pretty soon a lifetime of service has been given. 4-H pulls volunteers in like that and many stay for years and years. Mrs. Tschumperlin was that kind of volunteer.

The following is a published interview with Mrs. Tschumperlin in May, 1997.

"I told my husband I'd get a permit so I could stay home and take care of some extra kids," she said referring to her work as a foster parent. "He said that was a good idea, so for twenty years I had 12 different kids at my home." Kids had been coming to her home for that time and ever since as she continued to volunteer for 4-H even after the kids grew up.

In March, 1997, Roy De Vault, Joey Wellhouse and Ann Marie Wellhouse went to interview Mrs. Tschumperlin at her cabin home in Julian. It was a beautiful spring day and her flowers all around the house were blooming. A great big furry dog barked in greeting and then went to sleep in the shade of an old oak.

She hadn't always been in Julian, though. She started out on her family's dairy farm in El Cajon. When her kids were young, she volunteered for 4-H because, "Well, they needed people to help." They had wonderful times like every year when they fixed up an old field and had great Halloween parties.

She says the kids now "are about the same but they're rowdier. The girls in the high school I had...wanted to learn, but the little kids, like the one yesterday, I said if you don't behave yourself, I'm going to tell your mother..."

Joey asked, "Can you give some advice to other adult volunteers?" "Patience and don't try to force them." "Let them have their fun," is her advice. Also, "They've got to like the kids and like the project they're in and know what they are doing." "Because when I did the Entomology (project), I'm buggy anyway—I have a pair of pants with bugs all over it. It cost me 99 cents (the material) at Value Village. Christy was telling me when I was making it, "Gramma, gosh! Don't wear that to town!" She laughs, she laughs a lot.

"But you have to like the kids and have the time for doing it. So, I take the time and I love it. So, when that lady (in the Julian/Santa Ysabel 4-H) said to me "We're looking for a sewing leader and I understand you're from El Cajon (4-H). I took over. We had the Home Economics room at the High School and they had 14 sewing machines in there. We always had our meetings on a Monday.

Now I've changed them to Tuesdays. There were too many holidays on Mondays and we lost too much time.."

"That first year I had the kids, they invited the girls to model and they've been doing it ever since. It's been 26 years? Yes, 26 years (with Julian/Santa Ysabel 4-H)...I can hardly believe it myself, where the time goes..."

On April 15, 1997 Mary Tschumperlin received the Volunteer of the Year Award from the County Board of Supervisors. The award was for her service to the Farm and Home Advisor Office and the 4-H Program. Mary was in usual form as she shared with her fellow recipients how important it is to volunteer and her secrets of a lifetime of service.

## 2006-07 AREA MEETINGS

The year is turning to its conclusion once again and we are planning next year's Area meetings. As most of you know these meetings are mandatory for Club Leaders to attend. We highly encourage project leaders, resource leaders, and our teen and junior leaders to attend. These meetings are important. We will be informing leaders about new and updated policies and procedures. Community Club leaders will receive their enrollment packet for the 2006-2007 year.

Here are the dates. If you cannot attend your area's meeting then of course you can attend another's.

<b>Area 1</b>	<b>August 17 Bonsall Community Center</b>
<b>Area 2</b>	<b>August 24 Farm Bureau</b>
<b>Area 3</b>	<b>August 28 Olivenhain Town Hall</b>
<b>Area 4</b>	<b>August 31 Ramona Elem. School</b>
<b>Area 5-6-7</b>	<b>August 14 Lakeside Rodeo</b>

**All meetings are scheduled from 6:30-9:30 p.m.**

Officer Day for next year has been set for October 7, 2006. To expand communication and ensure that officers understand their duties, all club Presidents are required to attend. Club Presidents should be prepared to give a State of the Club speech summarizing their club's activities from last year and any plans that they have for next year. Any questions can be directed to Quang "Hogan" Tong at 858-495-5190.

## SAN DIEGO COUNTY 4-H CALENDAR

DATE	EVENT	LOCATION	PHONE or CODE
<b>August</b>			
3-6	Ramona Jr. Fair	Ramona Fair Grounds	
7	County Council	4-H Office Gate Code 3050#	Drew 858-756-2004
7	Record Books Due	4-H Office Gate Code 3050#	Robey 760-749-0294
8	Horse Advisory	4-H Office Gate Code 3050#	Carmen 760-966-0307
10-13	State Leadership Conference	UCSD	Hogan 858-495-5190
14	Teen Council	4-H Office Gate Code 3050#	Cathy 760-749-9643
14	Area 5, 6, 7 Meeting	Lakeside Rodeo	Hogan 858-495-5190
14-15	Record Book Sorting	4-H Office Gate Code 3050#	Robey 760-749-0294
16-19	Record Book Judging	4-H Office Gate Code 3050#	Robey 760-749-0294
17	Area 1 Meeting	Bonsall Comm. Center	Hogan 858-495-5190
24	Area 2 Meeting	Farm Bureau Office	Hogan 858-495-5190
28	Area 3 Meeting	Olivenhain Meeting Hall	Hogan 858-495-5190
30	Star Blaze	4-H Office Gate Code 3050#	Hogan 858-495-5190
31	Area 4 Meeting	Ramona Elementary	Hogan 858-495-5190
<b>September</b>			
1	Start of New 4-H Year		
4	County Council Meeting	4-H Office Gate Code 3050#	Drew 858-756-2004
11	Teen Council Meeting	4-H Office Gate Code 3050#	Cathy 760-749-9643
12	Horse Advisory Meeting	4-H Office Gate Code 3050#	Carmen 760-966-0307
21	Star Blaze	4-H Office Gate Code 3050#	Hogan 858-495-5190
30	Officer Books Due	4-H Office Gate Code 0038#	Robey 760-749-0294
<b>October</b>			
2	County Council Exec. Meeting	4-H Office Gate Code 0038#	Drew 858-756-2004
7	Officer Day	Village Community Church	Charlie 760-839-5342
9	Teen Council Meeting	4-H Office Gate Code 0038#	Cathy 760-749-9643
10	Horse Advisory Meeting	4-H Office Gate Code 0038#	Carmen 760-966-0307

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