



San Diego County 4-H

UNIVERSITY OF CALIFORNIA COOPERATIVE EXTENSION

MEMOS

January 2010

Congratulations to the following San Diego County 4-H members
for their accomplishments at the
State Record Book Judging Competition

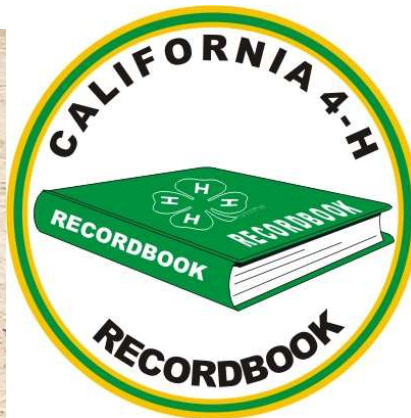
Holly Rogers of Fallbrook 4-H Club - State Winner

Lydia Cain of Escondido 4-H Club – State Merit Award

The 4-H Record Books are a valuable educational component of the 4-H Youth Development Program. Each year Record Books are completed in order to help youth reflect on their newly developed skills, experiences, and accomplishments achieved during your 4-H year. The record book not only represents the completion of a 4-H year, but also represents a major part a members life and achievements. If you would like to find out more about Record Books you can visit the San Diego County 4-H Youth Development website or the State 4-H website.

Coming January 31st, 2010

In 2010 the San Diego 4-H Staff will be creating four 15 minute web-based training modules to help familiarize volunteers and member with the 4-H Record Book. These training modules will be located on the county website. They can be viewed by any individual with internet access. They can be used as a tool to enhance the Record Book program at the club level.



It is time to begin preparations for your 4-H presentation!

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you learn to:

- Research a subject
- Organize ideas in a logical order
- Be a teacher and practice public speaking skills

In order to perform at your best you need to prepare and practice!

Presentation Timeline:

January- Plan your presentation and practice at your project meetings and club meetings. Remember to choose a topic that interests you and don't be afraid to ask for help from a leader or older member. The Presentation Manual, found on the State website (<http://www.ca4h.org/leadership/spd/>) is a useful tool for helping you through the planning phase. Remember the more times you deliver your presentation the more comfortable you will be with the material and in front of an audience.

February- Attend your area presentation day and have a blast, receive awards, and gain helpful advice from judges. **(January 30 for Area 5 & 6)(February 27 for Area 4)**

March- You have a month to perfect your presentation. Seek new audiences who will help you grow as a presenter by giving new perspectives. Try giving your presentation at school, to your local Lions or Rotary Club, or even at a nursing home in your community.

April 17- Present at San Diego County Sub-Sectional Presentation Day at Poway High School.

May 29- Gold Medalists may compete at State Presentation Day at UC Davis.

Importance of Public Speaking Skills:

Public speaking skills are ranked number one among the skill sets of professionals. Other guiding factors for developing public speaking skills include:

- Discovering an important component of leadership development
- Increasing self-esteem, self confidence, and ability to accept feedback
- Expanding skills for planning, preparation and performance

Presentations are not just demonstrations. You have many options ranging from traditional demonstrations to problem solving for senior members. All of the various presentation styles require similar skills, but are designed to meet the interests and age-appropriate levels of the member. No style of presentation is better than any other. Choose the style that best fits you for your first presentation and then try other styles as you advance in 4-H. Every member is encouraged to give a presentation each year.

Show what you've learned; give a presentation.

Categories available:

Demonstrations and Illustrated Talks
Scientific Demonstrations and Illustrated Talks
Educational Display
Prepared Speech
Impromptu Speech
Interpretive Reading
Share the Fun (Group Skit)
Cultural Arts
Audio-visual Presentations
Problem Solving Presentations

Information and registration for Area and Sub-Sectional Presentation Days will be coming shortly!



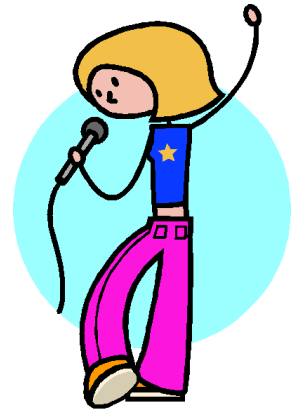
SUB SECTIONAL

APRIL 17, 2010

PRESENTATION DAY



DO YOU SING?



DO YOU DANCE?



DO YOU PLAY AN INSTRUMENT?



Your Club is invited to be a part of the Cultural/Skit portion of the April 17th Sub-Sectional Presentation Day!

ALL 4-H Clubs are encouraged to participate by doing a skit, playing instruments, dancing or singing!

Even those clubs without a Communication/Public Speaking Project are invited to join the fun.....

For more information or to sign up please call Grace Parra 858.484.2453



2010 San Diego County Fair Planning Meeting Announcement



December 14, 2009

Dear Market Livestock Leaders

We are beginning the planning phases of the 2010 San Diego County Fair Livestock Program. The dates of the Fair are June 11-July 5, closed the first 3 Mondays. The dates for the Market Livestock Show will be Monday, June 28 (move in) to Monday, July 5. Move out will take place on Tuesday, July 6. We need your help planning the show schedule for that time frame and also hearing your input on any other items related to the Market Show that might affect the Market Livestock rules, policies and procedures. You are invited to our annual Task Force Meeting here at the Del Mar Fairgrounds' Board Room on Tuesday, January 5, 2010 from 5:30 pm to 7:30 pm. We will provide pizza, salad and soda so please RSVP no later than January 1, 2010 to the Entry Office at 858-792-4207. All **4-H/Grange Leaders** and **FFA Advisors** are invited to participate. Please pass this information on to any new leaders who may not be on our mailing list.

If you have any questions, please feel free to contact us at the Entry Office number or e-mail me at kphillips@sdfair.com. The Livestock Office will be staffed starting mid-January. We look forward to working with all of you in 2010 to make the Market Show a successful and enriching experience for San Diego County youth.

Sincerely,

Katie Phillips

Exhibits Manager



High School Seniors!!!

High school seniors who are members of 4-H and have been exhibitors at the San Diego County Fair are able to apply for the **Don Diego Scholarship**. One \$5000.00 scholarship will be awarded to a 4-H member who has demonstrated leadership and organization through their participation in school and community activities.

Closing date for applications is April 2, 2010

Applications are available on the San Diego County Fair's website: <http://www.sdfair.com>
For more information or applications: (858) 755-1161 ext 2401 or jspivey@sdfair.com

You now have the opportunity to attend the following County 4-H meetings via the internet during the scheduled meeting time using the links provided.

(Check Dates to Remember)

San Diego County 4-H Leaders Council

<http://uc-d.na4.acrobat.com/sdccouncil/>

San Diego County 4-H Teen Council

<http://uc-d.na4.acrobat.com/sdteencouncil/>

San Diego County 4-H Horse Advisory

<http://uc-d.na4.acrobat.com/sdchorseadvisory/>



Web meetings are hosted in Adobe Connect on the internet. To attend, follow the directions below.

Make sure you have the latest version of Flash Player. A free version can be downloaded from <http://get.adobe.com/flashplayer/>

Make sure your speakers are turned on and that your volume is not muted.

If you have a web cam or microphone, make sure it is plugged in (please arrive 10 minutes early if using a microphone or camera so that we can do a sound check). You may still participate if you do not have one of these devices by typing questions and comments in the chatbox.

Go to the meeting website by copying and pasting the link above in your browser

Log in as a Guest using your first and last name.

Wait for the host, Marti Occhipinti, to activate your webcam and/or microphone.

Prepare to discuss, ask questions, and have fun.

We will take several minutes prior to the start of the meeting to explain the adobe connects system and procedure for our chat session.

For state updates go to:

<http://www.ca4h.org/4hresource/updates/>

Silver Strand Military 4-H Canned Food/Clothing Drive 2009

Our 4-H Committee along with our youth program joined together to collect canned foods and used clothing from the community this holiday season.



All food donations will be delivered by our youth program participants and staff to the San Diego Food Bank



All clothing will also be delivered by our youth participants and staff to St. Vincent DePaul's shelter.



Statewide 4-H SET Trainings February 6, 2010

Effective science, engineering and technology education requires good educators. This professional volunteer development opportunity will help prepare 4-H volunteers, teens and staff to incorporate science, engineering, and technology into 4-H projects and activities in a hands-on, experiential manner.

Locations and Curriculum

Each site offers an introduction to a 4-H SET -Ready curriculum. Participants select one of the two offered.

Shasta College

- What Does it Mean to be a Rabbit?
- There's No New Water!

UC Davis

- Robotics
- Youth Experiences in Science

Merced

- Youth Experiences in Science
- There's No New Water!



Counties are invited to send a team of 4-H members (age 14 and up), 4-H volunteers, 4-H staff, and other partners and collaborators to the 2010 4-H SET Winter Training!



Riverside

- What Does it Mean to be a Rabbit?
- There's No New Water!

Santa Barbara

- Youth Experiences in Science
- Agua Pura Pescadores: Exploring Salmon and Steelhead in California Communities

Logistics

All sites: February 6, 2010

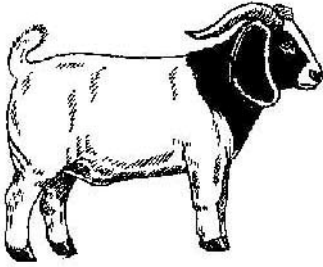
9:00am - 4:00pm

Lunch will be provided

Registration is due by January 15

www.ca4h.org/set/feb6.asp

There are three seats available in the County Van.....contact the County office to reserve (858)694-2853



**Japatul 4-H
Hosts Area 5 and 6 Field Day
March 6, 2010**

This year we are trying to give 4-H members an opportunity to work on their showmanship skills and practice their show ring abilities. So get those steers halter broke, put the collars on your goats, work with your lambs, and train your pigs for a day of fun at the Fairgrounds in Lakeside.

The fair grounds will open at 7:30 A.M. to receive animals, and set up for the events.

At 9:00 A.M. the classes should be ready to start.

***Field Day-** Members will be able to show large and small animals for market, breeding or showmanship. All large animals will be divided into class groups. All participants will receive a ribbon and the top animals from Areas 5 and 6 will receive a medal. The top showman in each division will participate in **Round Robin** following the completion of all market classes. We will have separate round robin events for large and small animals.*

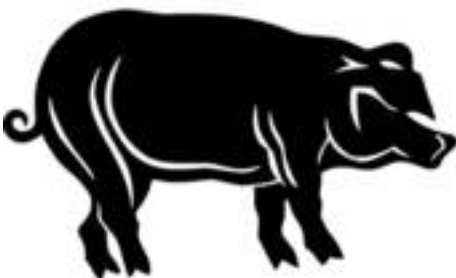
Awards for Round Robin will be presented at the end of Round Robin and Master Showmanship.

***Japatul 4-H** would like to invite all 4-H members from San Diego County to participate in this fun learning day. Come practice your showing skills, meet new friends, and learn from this hands on experience!*

You must pre-enter so we know how many pens to set up.

If you have questions please call Margaret Drown at 760-765-3381.

Hope to see you all there.





Area 5 and 6 Field Day Livestock Entry Form

March 6, 2010

REGISTRATION: Pre-registration is preferred. Group entry with one club check is preferred. Each exhibitor must submit a separate entry form. Use a separate form for each species, i.e. one form for beef, one for sheep, one for poultry, etc.

Lakeside Jr. Fair Grounds Check-In 7:30 A.M. To 8:30 A.M. Judging starts at 9:00 AM. Poultry will have a health inspection prior to check-in.

Specie (check one) Market Beef: ___ Dairy Heifers: ___ Breeding Beef: ___ Market Swine: ___ Market Sheep: ___ Breeding Sheep: ___ Wool Breed Sheep: ___ Market Goats: ___ Dairy Goats: ___ Pygmy Goats: ___ Rabbits: ___ Cavies: ___ Poultry: ___

Exhibitor _____ Phone _____
 Address _____ Grade in School ___
 City, Zip _____ Birth Date _____
 Club _____

Breed/Variety	Sex	Date of Birth/Age	Ear Tag/ Leg band	Market	Breeding	wool

SHOWMANSHIP: Divisions are by grade as of January 01, 2010.
 Primary (5 years old to 8 years old)
 (showing--Poultry, Cavies, Rabbits or Pygmy goats only)
 Junior (3rd, 4th, 5th, grade). Must be 9 on Jan.1, 2010
 Intermediate (6th, 7th, 8th, grade).
 Senior (9th grade & up)

COST: \$3.00 for large and \$1.00 for small animals.

Amount Paid _____ Group Check# _____ Individual Check# _____ Cash _____

ENTRIES MUST BE RECEIVED BY February 28, 2010 (Postmark will be accepted)
 PLEASE MAKE CHECKS PAYABLE TO **Japatul 4-H** and mail to:
 Margaret Drown, PO Box 330, Santa Ysabel, CA 92070 760-765-3381

**San Diego County
4H Leaders' Council :**

Terry Stark

President
858-692-4312
sd4hpapa@yahoo.com

Kevin Fletcher

Vice President
619-669-1057
k.fletch@cox.net

Charla Cranor

Treasurer
619-445-4249
arabian@nethere.net

Carol Cornelius

Secretary
760-738-0543
carolcornelius@cox.net

Neal Woodall

Corresponding Secretary
760-631-1812
nwoodall@lamppost.dhs.org

County Office 4-H Staff:

Steve Dasher

4-H Youth Development Advisor
hsdasher@ucdavis.edu

Sue Manglallan

4-H Youth Development Advisor
ssmanglallan@ucdavis.edu

Marti Occhipinti

4-H Program Representative
mocchipinti@ucdavis.edu

Terri Barratt

4-H Secretary/Publisher
terri.barratt@sdcounty.ca.gov

Colleen Tschumperlin

Volunteer Coordinator
colleen.tschumperlin@sdcounty.ca.gov

Ruby Rodriguez

SET Coordinator
rerodriguez@ucdavis.edu

San Diego County 4-H Office

5555 Overland Ave, Ste 4101
San Diego, CA 92123
Phone: (858) 694-2861
Fax: (858) 694-694-2849

What Are You Doing ? ? ? ?



Have your club reporter or someone from your club write a paragraph or two telling what your club is doing in the community— send it to Terri at the County office by the 20th of the month....send pictures too! We would love to feature your project here!



Interested in applying for San Diego County All Star or serving as All Star Advisor...???

attend an Informational Meeting at the County Office
February 8th at 6:00pm.

Current All Stars and their Advisor will be there to answer questions.

All Star is the highest attainable county 4-H rank. Each year San Diego County, as well as other California counties, selects several deserving applicants to serve as 4-H All Stars.

The minimum requirements of an All Star candidate are:

- A member 14 years of age by December 31st of the current year.
- Has earned an Emerald or Gold star.
- Has strong interest in continuing in the 4-H Youth Development Program and has specific ideas about ways to give guidance and leadership to some phase of the 4-H program.
- Has demonstrated leadership abilities, citizenship concern, and maturity of judgment.
- Recognizes the opportunities and responsibilities of being selected a 4-H All Star and is receptive to new ideas and challenges.
- Has made a significant contribution to the maintenance or expansion of the 4-H program in the county.
- Recognizes that there is a significant time commitment that comes along with being an All Star, which includes attending county events, Teen Council meetings, and representing 4-H in other ways throughout the two year program.



All Star Applications are due to the County Office February 7th by 5:00pm

Applications can be found on the county website under

“Youth Leadership Opportunities”

Contact Kevin Fletcher for more information



DATES TO REMEMBER

Gate Code: *081234#

Date	Event	Location & Time	Contact	Phone #
Jan 9	Area 5-6 Judging Day	East County Jr Fairgrounds	Jaime Dyer	619-445-8261
Jan 11	County Council Meeting	County Office 7:00	Terry Stark	858-692-4312
Jan 11	All Stars Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
Jan 11	Teen Council	County Office 7:00	Cathy Mitchell	760-500-0547
Jan 11	JLC Session Auditions	County Office 5:00	Kevin Fletcher	619-669-1057
Jan 12	Horse Advisory	County Office 7:00	Karen McKinsey	760-749-2705
Jan 17	Horse Flat Show		Horse Advisory	619-850-8426
Jan 23	Babysitter Training	County Office 1:00-5:00	Marti Occhipinti	858-495-5190
Jan 30	Area 5-6 Presentation Day	Jamul Primary School	Teri Corle	619-582-7611

County Office Closed January 18 for Martin Luther King Holiday

Feb 1	County Council Meeting	County Office 7:00	Terry Stark	858-692-4312
Feb 5-7	Junior Leadership Conf.	Camp Oliver	Kevin Fletcher	619-669-1057
Feb 8	All Stars Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
Feb 8	Teen Council	County Office 7:00	Cathy Mitchell	760-500-0547
Feb 9	Horse Advisory	County Office 7:00	Karen McKinsey	760-749-2705
Feb 13	Babysitter Training	San Marcos Off. 1:00-5:00	Marti Occhipinti	858-495-5190
Feb 20	Super Saturday	Antique Tractor Museum	Bill Woodall	760-631-1812
Feb 27	Area 4 Presentation Day	Poway	Mari Cox	858-748-4332

County Office Closed February 13 for Presidents Day Holiday

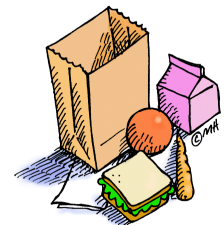
March 1	County Council Meeting	County Office 7:00	Terry Stark	858-692-4312
March 6	Area 5 & 6 Field Day	Lakeside Jr. Fairgrounds	Margaret Drown	760-765-3381
March 7	Gymkhana	San Marcos	Lori Hall-McNary	760-741-1179
March 8	Teen Council	County Office 7:00	Cathy Mitchell	760-500-0547
March 8	All Stars Meeting	County Office 6:00	Kevin Fletcher	619-669-1057
March 9	Horse Advisory	County Office 7:00	Karen McKinsey	760-749-2705
March 13	Area 1, 2 Presentation Day	Bonsall	Gail Raser	760-743-2950
March 20	Horse Flat Show		Horse Advisory	619-850-8426
March 20	Dog Learning Day		Melissa Woodall	760-631-1812
March 27	Arts & Design Day	Tierra Bonita Elem School	Debi Parker	760-744-7763



Joke of the Month

What are two things you can NEVER eat for Breakfast????

Lunch and Dinner!



The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or service in the uniformed services (as defined by the Uniformed Services Employment and Reemployment Rights Act of 1994: service in the uniformed services includes membership, application for membership, performance of service, application for service, or obligation for service in the uniformed services) in any of its programs or activities.

University policy also prohibits reprisal or retaliation against any person in any of its programs or activities for making a complaint of discrimination or sexual harassment or for using or participating in the investigation or resolution process of any such complaint. University policy is intended to be consistent with the provisions of applicable State and Federal laws. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action/Equal Opportunity Director, University of California Division of Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607, (510) 987-0096.



CHECK OUT THE COUNTY 4-H WEB CALENDAR! VISIT IT AT:

<http://jamul4h.org/CountyCal/month.php>

